



PRACTICAL Tarot Reading *with Tina Hardt*

& Cooking Class

Cooking Class Menu

Plant-based, gluten free, soy free

STRAWBERRY, SPINACH & ASPARAGUS SALAD

Savour all the flavours of spring in this salad tossed with lemon poppy seed dressing

SWEET POTATO GNOCCHI

plump orange dumplings, full of antioxidants and topped with slow cooker tomato sauce

LEMON TARTLETTES

delicate little lemon tartlets, both sweet and tangy

PRIVATE TAROT READINGS

Enjoy an evening of fun, food and entertainment!

Explore any challenges, expand on strengths, examine any past influences that may be still affecting you presently.

Each participant will receive a private tarot reading with Tina Hardt.

Below are examples of potential areas to explore during your session

- ◇ Take a look at the theme and nature of the upcoming year.
- ◇ Explore the dynamics of any relationship, personal or professional.
- ◇ How to approach a situation so that you can play a more active role in a decision or desire.
- ◇ Look at who you are on this path of self-love & relevant ways to can pamper your psyche.
- ◇ Solution-focused look at a particular challenge you may be facing.

Location:

Oasis Health & Wellness

40 Betty Roman Blvd., Markham, ON, L6C 0A5

416-312-7617 rita@oasishealth.ca

Date & Time

Friday, May 12th

6:30pm to 9:30pm

Cost:

Includes cooking class, recipes, refreshments and private tarot card reading

\$ 100 per person

Pre-payment required to reserve spot

Paypal, E-Transfer, Visa, MasterCard, Amex

limited to 6 guests

Must be 18 or over for tarot card reading

No refunds for cancellation or no-show

Cooking class ONLY \$ 50

(no tarot reading)